

2022 NHMS 7th & 8th grade GIRLS VOLLEYBALL

Dear Players and Parents;

Several requirements **MUST** be completed in order to participate with the 7th or 8th grade volleyball team. Practice begins after school on **Tuesday September 6th** until 5 pm. Practice will be held most days after school with our last match scheduled for October 17th. More detailed information about practices, expectations, and the match schedule will be provided during the first week of school.

Necessary forms can be picked up at the middle school office or are available online. Please pay all fees through the online registration process.

☐ **MS Athletic Physical & Liability Waiver Form:**

1) Fill out appropriate section of Athletic Alternative Year/New Physical Page

- If the player had a physical last year, an alternate year card needs to be filled out and returned to the office.
- If the player's last physical was prior to April 1st, 2021, she must have a physical prior to participating in volleyball. PLEASE schedule a physical appointment PRIOR to the first week of school.
 - **Form is available online.** Go to: www.nhsd.k12.wi.us

Choose the Middle School tab, Middle School Home, then scroll down to locate the MS Athletic Physical and Liability Waiver form.

2) Complete Athletic Permit & Liability Waiver & Co-Curricular Code of Conduct

☐ **Athlete/Parent Concussion Acknowledgement Form:**

- Must be read and signed by **both** the player and their parent/guardian.
- This form is also available on the district website. Choose the Middle School tab, Middle School Home for access to the Concussion Fact Sheets/Acknowledgement form.

☐ **Fees:**

- **\$10.00 Activity Fee - all players**
- **\$15.00 for Uniform T-shirt - All seventh grade players need!**
 - sign up through the registration process
(Eighth grade players can/should use their shirt from last year)
 - Uniform shorts will be provided.
 - Players must provide their own knee pads.

These requirements must be completed and turned into the MS office by **Friday September 2nd**. At that time the player will receive a pink card that must be given to the coach by **September 6th**.

If you have questions or concerns, please contact:

Taylor Heus - 7th grade coach: tayxheus@gmail.com

Pat Preston - 8th grade coach: ppreston@nhsd.k12.wi.us